

The Healing Trilogy: Mend Stress, Master Your Gut, Melt Toxins



Join our presentation:
Thursday, May 15th
from 6:00 - 7:15 pm
at **Buzz Social** - 12310 Lineville Rd,
Green Bay, WI 54313
Cost is just \$17 for this informative event.

Ready to break free from stress, fatigue, and feeling off? Join three local practitioners for a game-changing workshop. Discover how to:

- Mend stress and move into peace with 3 proven modalities
- Master the gut-brain connection and how digestive health influences mental well-being.
- Melt away toxins to flush out what's weighing you down
- This isn't just another health talk—it's your ticket to feeling unstoppable. Learn practical tips to implement immediately. Limited spots—grab yours today!

Presenters:

Sara Lindgren MSN, RN, CEN, CFNIP, CHRC
Inspire Wellness NEW
inspirewellnessnew.com
(920) 393-8268



Rena Esposito, MPA, LMT, CMDT, CHC
Whole Body Balancing
wholebodybalancing.com
(920) 343-6365

Allison Moore, HHP
Infinite Healing
infinitehealingcenter.org
(920) 306-2602



**Sign-up
today!**

